

## BIHARI SHARAN KUIKEL

Dupcheshwor-6, Nuwakot, Nepal

Email id: [kuiikelbihari@gmail.com](mailto:kuiikelbihari@gmail.com) | Phone no: +977-9851036122

### **EDUCATION**

<b>Master of Science in Public Health (Epidemiology)</b> Kathmandu University, Dhulikhel, Nepal	2019-2022
<b>Master of Health Care Management</b> Pokhara University, National Open College, Lalitpur, Nepal	2017-2021
<b>Post Graduate Diploma in Health Care Management</b> Pokhara University, National Open College, Lalitpur, Nepal	2016-2017
<b>Bachelor in Public Health</b> Purbanchal University, Lalitpur, Nepal	2011-2016
<b>PCL in General Medicine (CTEVT)</b> Nepal Institute of Medical Science and Technology, Kathmandu, Nepal	2007-2010

### **EXPERIENCE**

#### **Public Health Inspector**

*Dupcheshwor Rural Municipality, Nuwakot*

**Oct 2016- Present**

- Plan and execute and coordinate program activities in timely and accurate manner.
- Assist in budget preparation and expense management activities for programs.
- Conduct program reviews and prepare reports.
- Prepare meeting agenda and organize meetings with stakeholders.
- Monitoring and Evaluation of different Public Health programs.
- Conduct seminars/workshops with Based Organizations and Stakeholders.

#### **Intern**

**Nov 2021- May 2022**

*Strengthen the Health Systems for a Healthy Maritime Silk Road: Development of the Silk Road Labs (S-Labs)*

- Lead the overall project activities including proposal development from Nepal side, and communication and coordination with the stakeholders for implementation

#### **Intern**

**Nov 2021-May 2022**

*Defining and integrating essential NCD interventions in national health systems*

- Provide technical support in the project

#### **Program Officer**

**July 2016 – Sept 2016**

*Kamana Health Nepal, Kathmandu*

- Manage and monitor the program.
- Provide guidance and maintain frequent communications with program stake holders.
- Analyze and troubleshoot program challenges.
- Develop best practices to improve overall program performance.

**QI Consultant****Nov 2015 –Jun 2016**RTI International (Health for Life/ USAID)

- Review relevant documents, data and other information provided by H4L.
- Assist in developing tools (e.g., IDI or FGD) for the HF QI system assessments.
- Work in preparation of field visit schedule and make field visits (to the district and health facilities).
- Collect relevant information from key informants.
- Draft reports, including recommendations on National QI (guidelines, QI tools and reporting) system and submit to H4L for review.
- Present findings to QAI TWG and incorporate key suggestions.
- Incorporate and revise as per comments and finalize report.

**QI Consultant****July 2015 – Oct 2015**Jhpiego Corporation (Health for Life/ USAID)

- Coordinate with D (P) HO, H4L regional and district team and make plan for implementing QI activities at HF as per National Revised QI system.
- Provide orientation to HF QI team/HF staff on revised QI guidelines and tools.
- Facilitate to identify issue/gap/problems, its root cause and action to address them.
- Support to QI team and service provider/ HF QI team in preparation of action plan.
- Report to D(P)HO and H4L regional office on findings of follow up and implementation of QI system in district.

**Training Officer**Kamana Health & Education/ Save the Children, Kathmandu**Jan 2015 – Jun 2015**

- Support DHO/DPHO in obtaining dates for the different trainings.
- Coordinate with the D/PHO, local NGO and other stakeholders in the implementation of the nutrition program and health service promotion activities.
- Conduct and support Village/Community Level Training (VLT/CLT) conducted by Kamana Health Foundation.
- Coordinate in Mothers Group meeting and Health Management Committee meeting and conduct community level Training.
- Support in Logistic Management during and the Training.
- Submit record keeping and reporting after the Training completion to Kamana Health Foundation.

**IYCF -Facilitator**Integrated Development Foundation (IDF) Nepal, Kathmandu**May 2014 - June 2014**

- Conduct District Level Training (DTOT) according to the program implementation in Dailekh district of Nepal.
- Coordinate with the D/PHO, local NGO and other stakeholders in the implementation of the nutrition program and health service promotion activities.
- Support in Logistic Management during and the Training.

**PUBLICATIONS**

Timalsina, A., Paudel, R., Upadhyaya, D. P., Bhattacharya, S., Kuikel, B. S., Joshi, N. P., Adhikari, S., & Aung, A. A. (2020). Predictors of Multiple Micronutrient Powder Intake Adherence among Children Aged 6-23 Months in Rasuwa District, Nepal: A Cross-sectional

Study. Journal of Institute of Medicine Nepal, 42(2), 69–75.  
<https://doi.org/10.3126/jiom.v42i2.37542>

### **THESIS**

**Kuikel B.S.** (2021). Tobacco quit attempts and associated factors among patient visiting outpatient clinic at Dhulikhel Hospital, Nepal (Master's in Science in Public Health, KUSMS)

**Kuikel B.S.** (2016). Factor Affecting Utilization of Free Health care services in Nuwakot district (Bachelor in Public Health)

### **FUNDED GRANTS**

**Title:** A Critical Analysis of Health System in Nepal; Perspective's based on COVID-19 Response

**Timeline:** 22 Mar- 15 July 2021

**Role:** PI

**Total Cost:** Nrs. 40,000

The aim of the study is to analyze the roles, responsibility and the performance of the three tiers of health system based on COVID-19 response.

### **AWARDS**

Honored with DIXA-DAXA SEWA PURASKAR KOSH by National Tuberculosis Center (NTC) for the spectacular service provided in the field of Tuberculosis Control on 24<sup>th</sup> March, 2019.

### **TRAININGS/SHORT COURSES**

- Intensive course on Systematic Review from Feb 14-18, 2021, and Meta –Analysis from Feb 23-28, 2021.
- Master Training of Trainers (MTotT) on Integrated Management of Acute Malnutrition (IMAM) conducted from June 24-28, 2016. ( UNICEF/ NTAG).
- Health Facility Level Training Course on “Mother, Infant and Young Child Nutrition (MIYCN) at Nutrition Rehabilitation Home, Lalitpur. (DPHO lalitupr/ SDPC) from Apr 17-21, 2016.
- Training for Trainers (TOT) for Lead Trainers conducted from Feb 10-21, 2014 at Training Institute for Technical Instruction (TITI) and Enhanced Vocational Education and Training (EVENT Project).
- Health Facility Level Training Course on Infant and Young Child Feeding (IYCF) at DHO Nuwakot.
- Health Facility Level Training Course on Community Based Newborn Care Program (CB-NCP) held from July 9-15, 2012 at D/PHO Taplejung.
- Health Facility Level Training Course on “Community Based Integrated Management of Neonatal and Childhood Illness” (CB-IMNCI) held from Nov 29- Dec 4, 2014 at D/PHO Rasuwa.
- Completed Online courses from University of Washington on Leadership & Management in Health (April-July, 2020), Policy Development & Advocacy for Global Health (Oct-Dec, 2020), Introduction to Epidemiology for Global Health (Jan-Mar, 2021), **Project Management for Global Health (July-Sept, 2021).**
- Completed the MOOC on Implementation Research (IR) with a focus on Infectious Diseases of Poverty (IDP) organized jointly with the University of Ghana School of Public Health and the Special Programme for Research and Training in Tropical Diseases (WHO-TDR) (Dec 2020).

- **Completed Online courses on Public Health Research from the Center for Bioethics and Research (CBR), Nigeria and the Biomedical Research Alliance of New York (BRANY)'s Collaborative Institutional Training Initiative (CITI) (Aug 2020).**

### **COMPUTER SKILLS**

**Office Package:** Microsoft Word, Excel, Power Point

**Google Applications:** Google sheet, Google Docs, Google form, Datastudio

**Statistical Analysis:** SPSS, R-programming, STATA

**Data Collection tools:** Kobotoolbox, Open Data Kit (ODK), Epidata entry 3.2, Epidata Manager

**Reference management tools:** Zotero, andeley, End-note.

**Qualitative analysis:** Dedoose, RQDA in R program, NVIVO

### **REFERENCES**

**Dr. Biraj Man Karmacharya**

**Associate Professor, Head of the Department**

Department Public Health and Community Programs

Kathmandu University School of Medical Sciences, Dhulikhel Hospital, Nepal

Email ID: [birajmk@kusms.edu.np](mailto:birajmk@kusms.edu.np)

**Dr. Archana Shrestha**

**Associate Professor**

Department Public Health and Community Programs

Kathmandu University, School of Medical Sciences, Dhulikhel Hospital, Nepal

Email ID: [archana@kusms.edu.np](mailto:archana@kusms.edu.np)

**Ravi Kanta Mishra**

**Senior Public Health Officer**

Ministry of Health and Population

Email ID: [ravimishra2007@gmail.com](mailto:ravimishra2007@gmail.com)